



**PHYSICAL EXAMINATION FORM**

*Physician's Office Note: Please fax physician notes and current lab results to Nursing Services Fax 303-604-5431. Thank you.*

CONSUMER NAME: \_\_\_\_\_

DOB: \_\_\_\_\_

PHYSICIAN'S NAME: \_\_\_\_\_

SEX:  MALE  
 FEMALE

DIAGNOSIS: \_\_\_\_\_

DRUG/FOOD ALLERGIES: \_\_\_\_\_

HEIGHT:	WEIGHT:	PULSE:	B/P:
---------	---------	--------	------

**RECENT IMMUNIZATIONS**

FLU:	TETANUS:	OTHER:
TB TEST:	HEP B STATUS:	

**REVIEW OF SYSTEMS**

CHECK ITEMS IN THE APPROPRIATE COLUMN	WNL	ABNORMAL	DESCRIPTION
1. SKIN			
2. LYMPHATICS			
3. HEAD, FACE, NECK, SCALP			
4. NOSE			
5. SINUSES			
6. MOUTH AND THROAT			
7. EARS Cerumen noted? <input type="checkbox"/> yes <input type="checkbox"/> no			
8. EYES Visual exam completed? <input type="checkbox"/> yes <input type="checkbox"/> no* Glaucoma test completed? <input type="checkbox"/> yes <input type="checkbox"/> no			*if no, indicate reason
9. RESPIRATORY SYSTEM			
10. CARDIAC SYSTEM			
11. ABDOMEN AND VISCERA Hernia exam completed? <input type="checkbox"/> yes <input type="checkbox"/> no			

CHECK ITEMS IN THE APPROPRIATE COLUMN	WNL	ABNORMAL	DESCRIPTION
<b>12. SPINE, MUSCULOSKELETAL</b> X-ray for Kyphosis/Scoliosis ordered <input type="checkbox"/> yes <input type="checkbox"/> no Calcium supplement ordered? <input type="checkbox"/> yes <input type="checkbox"/> no <i>*if no, indicate reason</i>			
<b>13. GASTROINTESTINAL</b> Rectal exam completed? <input type="checkbox"/> yes <input type="checkbox"/> no* Swallow evaluation needed? <input type="checkbox"/> yes <input type="checkbox"/> no <i>*if no, indicate reason</i>			
<b>14. ENDOCRINE SYSTEM</b>			
<b>15. G-U (MALE)</b> Prostate exam completed? <input type="checkbox"/> yes <input type="checkbox"/> no* PSA needed? <input type="checkbox"/> yes <input type="checkbox"/> no <i>*if no, indicate reason</i>			
<b>16. G-U (FEMALE)</b> Pelvic completed? <input type="checkbox"/> yes <input type="checkbox"/> no* Pap smear completed? <input type="checkbox"/> yes <input type="checkbox"/> no* Breast exam completed? <input type="checkbox"/> yes <input type="checkbox"/> no* Mammogram needed? <input type="checkbox"/> yes <input type="checkbox"/> no OB/GYN referral needed? <input type="checkbox"/> yes <input type="checkbox"/> no <i>*if no, indicate reason</i>			
<b>17. UPPER EXTREMITIES</b>			
<b>18. LOWER EXTREMITIES</b>			
<b>19. NEUROLOGIC</b> Neurological evaluation needed? <input type="checkbox"/> yes <input type="checkbox"/> no			
<b>20. DENTAL ABNORMALITIES</b>			

**REFERRALS/THERAPIES NEEDED:**

**PRESCRIBED DIET:**

I have reviewed this individual's current medication regime:  YES  NO

**LAB WORK ORDERED**

CBC: <input type="checkbox"/> done <input type="checkbox"/> needed	SMA 12: <input type="checkbox"/> done <input type="checkbox"/> needed	SMA 22: <input type="checkbox"/> done <input type="checkbox"/> needed
Lipid Panel: <input type="checkbox"/> done <input type="checkbox"/> needed	Thyroid: <input type="checkbox"/> done <input type="checkbox"/> needed	LFT: <input type="checkbox"/> done <input type="checkbox"/> needed
UA: <input type="checkbox"/> done <input type="checkbox"/> needed	Drug Level: <input type="checkbox"/> done <input type="checkbox"/> needed	Drug Level: <input type="checkbox"/> done <input type="checkbox"/> needed
PSA: <input type="checkbox"/> done <input type="checkbox"/> needed	Other: _____ <input type="checkbox"/> done <input type="checkbox"/> needed	Other: _____ <input type="checkbox"/> done <input type="checkbox"/> needed

*Please fax physician notes and current lab results to Nursing Services Fax 303-604-5431.*

**Restrictions/Special Instructions:**

Return In  1 YEAR  2 YEARS for next physical exam.  
**PHYSICIAN SIGNATURE** \_\_\_\_\_ **DATE** \_\_\_\_\_

**Nurse Case Manager/Medical Coordinator Review:**

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_ TIME: \_\_\_\_\_